THE GHOSTLIGHT ARTS INITIATIVE
Building Your Backstory:
An in depth look at how to leverage Stanislavsky’s 7 questions in your monologues & scenes

BASICS
Stage Direction graphic
Theatre Vocabulary
Character Analysis Worksheet
Breaking down a script or monologue video
Objective Video
Raising the Stakes Article
Active Listening Article
How to listen in acting (website page 1-3)

MEISNER RESOURCES
Meisner for Teens
The Meisner Technique

STANISLAVSKI RESOURCES
Stanislavski Exercises
Personal object exercise
Animal exercise
The Magic If exercise

SELF TAPE:
How to make a self tape article (w/ purchases)
How to self tape video
Self tape examples

SCENES/SONGS:
Fences Scene
A Soldier's Play Scene
The Colored Museum Scene
Othello Act 1 Scene 3 - Iago Monologue
Detroit '67 - The Woman on the Couch Scene
Choir Boy - The Lord works in mysterious ways Scene
James Earl Jones - Othello
For Colored Girls… - Lady in Red
Wheels of a Dream Song
Lady Day at Emerson’s Bar and Grill Song
And I Am Telling You - Jennifer Hudson
And I Am Telling You - Jennifer Holiday
I Got Plenty o Nuttin’ Song

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That's How You Jazz - Jelly's Last Jam
Caroline, or Change - Lot's Wife
A Strange Loop - We Wanna Know
Underground - Memphis
Magic to Do - Pippin, Ben Vereen
Kiss of the Spider Woman - Vanessa Williams

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